

DAILY ACTIVITY	MON	TUES	WED	THURS	FRI	SAT	SUN	SCORE
I listened to at LEAST 1 Audio / CD today (score how many)								
I phoned / contact tool to at LEAST one prospect today (score how many)								
I showed the PLAN today								
I PROSPECTED / added one more name to my LIST today (score how many)								
I EXERCISED for minimum 20 mins today								
I reviewed my GOALS, DREAMS and AFFIRMATIONS today (use a journal)								
I made calls to promote the next function (score how many)								
I used the system of EDIFICATION / communicated positive news today								
I took my NUTRILITE , watched my diet and drank x 8 glasses of water today								
I READ a goal setting/people skills book 15-20 mins today (try 15 pages)								
I set up a SHOPPING LIST/ESPRING/ARTISTRY/PRODUCT DEMO today								
I did a START UP/FOLLOW UP/STRATEGY/DRIVE OFF A LIST today								

WEEKLY PLAN OF ACTION	TO BE FILLED IN SUNDAY NIGHT
Reviewed dreams and goals. Add new dreams	
Reviewed my "possibility diagram" - NEXT WEEK GOAL - APPS	
Reviewed my "possibility diagram" - NEXT WEEK GOAL - PV	
Planned next week effectively (15 mins)	
Counselled upline on my plans for next week	
Promoted upcoming functions (BP, Nuts & Bolts, BBS, WES.)	
Get organised: Place orders for own use or restocking - N21 Tools	
Get organised: Place orders for own use or restocking - AMWAY	

SUMMARY	WEEK SUMMARY	GOAL NEXT WEEK
NEW PROSPECTS:		
APPS	Personal	
	Group	
PLANS	Personal	
	Group	
PV	Personal	
	Group	
Business Preview	Personal	
Attendance	Group	

GOALS	MONTHLY	MONTH TO DATE
MY PLANS:		
BBS GOAL TOTAL		
WES GOAL TOTAL		

GOALS	MONTHLY	MONTH TO DATE
NEW APPS	Personal	
	Group	
PV	Personal	
	Group	

REWARDS
Review rewards for achieving monthly goals
REWARD FOR ACHIEVING GOALS

DON'T PREJUDGE YOUR RESULTS - STAY FOCUSED ON THE DREAM

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